



Urgent care

An accessible and reliable alternative

Depending on your urgent healthcare need, consider visiting an urgent care facility instead of the emergency room. Choosing lower cost options, like urgent care when appropriate, can help you save on out-of-pocket expenses.

Types of care	Urgent care	Emergency room
When to choose	A place to treat non-life-threatening conditions that require immediate attention.	If your life or health is in serious jeopardy, this is a place to receive 24/7 care for life-threatening conditions.
What it's good for	Time sensitive health concerns that can't wait to speak with your PCP or do via Telehealth, such as: <i>Nausea, diarrhea, sprains, strains, cough, sore throat, UTI, minor allergic reaction or headache, ear or sinus pain.</i>	Any symptoms where you think you're having a life-threatening emergency, including: <i>Heart attack (chest pain) or stroke signs (sudden slurred speech and numbness), difficulty breathing, severe burn or bleeding.</i>
Wait time	Shorter 	Longer 
Cost	Generally less expensive \$\$	Generally more expensive \$\$\$\$
Accessing benefits	You may be responsible for covered charges up to the deductible and also, for charges above the Benefit Amount. For plans with first dollar coverage, the office visit portion of urgent care skips the deductible.	You are responsible for covered charges up to the deductible. You are not responsible for covered charges above the Benefit Amount.

Have questions? We're real people, with real answers:

Chat with our Member Care team 7 days a week on our website or at [\(855\) 282-0822](tel:8552820822) TTY: 711.
Or visit sidecarhealth.com/employerplanfaqs.