



# Getting labs with your Sidecar Health benefits

Providers' prices vary for similar services. As a Sidecar Health member, you know to price compare when getting planned care. Labs are no different.



## Avoid high cost lab work

You have the ability to choose where your labs are done.

Where	Balance billing potential
<b>At your provider's office</b> \$\$	<p>You do not need to rely on your provider's preferred lab. In fact, it will often be more expensive than some alternatives.</p> <p>Depending on provider pricing, you may end up "owing the difference" between their lab price and the Benefit Amount.</p>
<b>At Quest Diagnostics</b> \$0	<p>No balance billing.</p> <p>Prices are often less than Labcorp, you may keep the savings between the Quest lab price and the Benefit Amount.</p>
<b>At Labcorp</b> \$0	<p>No balance billing.</p>
<b>Can't shop? You're covered.</b>	<p>For labs that are part of emergency care, you will only be responsible for covered charges up to your deductible. For planned procedures, which may include unplanned labs, request your doctor send labs along with your Member ID to Quest Diagnostics or Labcorp.</p>

## Have questions? We're real people, with real answers:

Chat with our Member Care team 7 days a week on our website or at (855) 282-0822 TTY: 711.

Or visit [sidecarhealth.com/employerplanfaqs](https://sidecarhealth.com/employerplanfaqs).

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## How to use Quest Diagnostics or Labcorp through your provider

<p><b>Choose which provider to work with:</b> Ask your provider if they work with Quest Diagnostics or Labcorp.</p>	<p><b>If your doctor doesn't work with Quest Diagnostics or Labcorp,</b> you can still get the discounted prices by going directly to one of their locations:</p>
<p>1. Ask your provider to include your Sidecar Health Member ID (found on your Digital Member ID card) on the lab requisition form.</p>	<p>1. Ask your provider for a lab order form (or lab requisition form).</p>
<p>2. Sidecar Health will be billed directly for the lab work. Note: Your provider may charge you for their blood draw services (this is typically covered in the cost of your office visit).</p>	<p>2. Contact your preferred Quest Diagnostics Patient Service Center or Labcorp location—you can call or book an appointment online.</p>
<p>3. Sidecar Health will create an expense in your account.</p>	<p>3. When asked about insurance, let them know you have coverage through Sidecar Health. If the representative is unfamiliar with our process, share your Sidecar Health Member ID number from your Digital Member ID card in the member portal and have them bill Sidecar Health directly.</p>
<p>4. If you have a deductible, you will be notified of your balance once we have closed the claim.</p>	

## Want to shop for labs at your own provider?

<p>1. Ask your provider for a lab requisition order.</p>
<p>2. Know your "Benefit Amount" before you schedule your labs. Use the member portal.</p>
<p>3. Bring your lab requisition to your appointment.</p>
<p>4. Upload an image of your itemized medical invoice to the member portal within 90 days.</p>
<p>5. Forward the results of your labs to your provider.</p>



For more tips, including a script for talking to your doctor about labs, scan the QR code.

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