

# Getting labs with your Sidecar Health benefits

Provider's prices vary for similar services, hence as a Sidecar Health member, you know to price compare when getting planned care; labs are no different.

#### Labs at the Benefit Amount? Use Labcorp





- 1. Tell your provider to send your labs to Labcorp.
- 2. Request your doctor send labs to Labcorp. Make sure your provider marks you as a Sidecar Health member by including your Policy ID (find your digital ID card in the member portal).
- 3. Labcorp will bill Sidecar Health directly, no need to pay.
- 4. Sidecar Health will create an expense in your account.
- 5. If you have a deductible, you will be notified of your balance once the claim is closed.

#### How to shop for your own lab provider

- 1. Ask your provider for a lab requisition order.
- 2. Know your "Benefit Amount" before you schedule your labs. Use the member portal.
- 3. Bring your lab requisition to your appointment.
- **4.** Upload an image of your itemized medical invoice to the member portal within 90 days.
- 5. Forward the results of your labs to your provider.

Can't shop for labs? You're covered. For labs that are part of emergency care, you will only be responsible for covered charges up to your deductible. For planned procedures, which may include unplanned labs, request your doctor send labs along with your Policy ID to Labcorp.



For more tips, including a script for talking to your doctor about labs, scan the QR code.

## Have questions? We're real people, with real answers:

Chat with our Member Care team 7 days a week on our website or at (855) 282-0822 TTY: 711. Or visit sidecarhealth.com/employerplanfags.



# Where you get labs is your choice

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### Avoid high cost lab work

You have the ability to choose where your labs are done. There are three ways to access labs:

| Where                                   | How  | Balance billing potential  |
|---|--|--|
| At your<br>provider's<br>office<br>\$\$ | Ask your provider how much they charge and compare to Benefit Amount before they draw your blood.  | You do not need to rely on your provider's preferred lab. In fact, it will often be more expensive than some alternatives.  Depending on provider pricing, you may end up "owing the difference" between their lab price and the Benefit Amount. |
| At Labcorp<br>\$O                       | Ask your provider to include your Policy ID (find your digital ID card in the member portal) on the lab requisition form.  Labcorp will bill Sidecar Health – do not pay for labs at Labcorp at time of service. | No balance billing   |
| Through an online ordering resource     | JasonHealth.com has a direct partnership with Quest Diagnostics.   | Likely "keep the savings" between their lab price and the Benefit Amount.  |

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