



First dollar coverage plan

Telehealth: Quality healthcare at your fingertips

With Sidecar Health, you can choose the telehealth provider who makes the most sense for you, at the price that works for you.

Often, virtual care costs less than your Benefit Amount and telehealth visits bypass the deductible for plans with first dollar coverage.



Care On-demand

24/7 medical treatment for non-emergency conditions by phone or video.

Telehealth providers can:



Prescribe and manage prescriptions



Treat urgent issues like colds, coughs, and stomach aches



Provide lab test and x-ray results



Treat and monitor recurring conditions



Conduct post-surgical follow-up



Provide mental healthcare online

Sidecar Health members have had success with telehealth providers such as:



To learn more about telehealth benefits, scan the QR code.

Have questions? We're real people, with real answers:

Chat with our Member Care team 7 days a week on our website or at (855) 282-0822 TTY: 711. Or visit sidecarhealth.com/employerplanfaqs.