

Attention Sidecar Health members:

Thriveworks brings you high-quality, affordable mental health care. Book a session using your Sidecar Health benefits.

Over **2,200**

Expert licensed clinicians

Over

380

Locations across the U.S.

Over

15 years

Delivering care; clinician-led





Get help when and where you need it, in person or by video



Meet with your provider within 7 days of scheduling



Work with clinicians who are supported & empowered to succeed



Through work with one of our providers, one can learn to manage their unique mental health challenges and live a better, more fulfilled life.

Get help with:

Depression & anxiety
Stress & life transitions
Trauma & PTSD
Grief & loss
Relationship issues
Family conflicts
Sleep problems
And more

Book a session

855-789-2080

OR SCAN THE QR CODE



thriveworks.com/partners/sidecar-health/