




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, [www.sidecarhealth.com](http://www.sidecarhealth.com) or 1-855-282-0822. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/glossary/> or call 1-855-282-0822 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	\$1,500 / individual or \$3,000 / family	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. <a href="#">Preventive care</a> services are covered before you meet your <a href="#">deductible</a> . This <a href="#">plan</a> covers also the following item and services before you meet the <a href="#">deductible</a> : primary care <a href="#">provider</a> office visits, telehealth visits, <a href="#">specialist provider</a> office visits, mental health <a href="#">provider</a> office visits, and generic outpatient prescription drugs.	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	For pharmacy, facility, and provider charges at or below the Benefit Amount \$1,500 / individual or \$3,000 / family; for pharmacy, facility, and provider charges in excess of the Benefit Amount Not Applicable.	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own out-of-pocket limits until the overall family <a href="#">out-of-pocket limit</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, pharmacy, facility, and provider charges in excess of the Benefit Amount and health care this <a href="#">plan</a>	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> . You may view the Benefit Amount for each covered service on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .

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Important Questions	Answers	Why This Matters:
	doesn't cover.	
Will you pay less if you use a <a href="#">network provider</a> ?	Not Applicable.	This <a href="#">plan</a> does not use a <a href="#">provider network</a> . You can receive covered services from any <a href="#">provider</a> .
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Provider charges at or below Benefit Amount (You will pay the least)	Provider charges above Benefit Amount (You will pay more)	
If you visit a health care <a href="#">provider's office</a> or clinic	Primary care visit to treat an injury or illness	No charge	Any amount charged by a provider in excess of the Benefit Amount.	You may view the Benefit Amount for each covered service on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .
	<a href="#">Specialist</a> visit	No charge	Any amount charged by a provider in excess of the Benefit Amount.	
	<a href="#">Preventive care/screening/immunization</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.**
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	No charge	Any amount charged by a provider in excess of the Benefit Amount.	You may view the Benefit Amount for each covered service on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .
	Imaging (CT/PET scans, MRIs)	No charge	Any amount charged by a provider in excess of the Benefit Amount.	

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Provider charges at or below Benefit Amount (You will pay the least)	Provider charges above Benefit Amount (You will pay more)	
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.sidecarhealth.com">www.sidecarhealth.com</a> .	Any medically necessary FDA-approved drug.	No charge	Any amount charged by a pharmacy or provider in excess of the Benefit Amount.	Covers up to a 30-day supply (retail subscription).  You may view the Benefit Amount for each covered drug on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	No charge	Any amount charged by a provider in excess of the Benefit Amount.	You may view the Benefit Amount for each covered service on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .
	Physician/surgeon fees	No charge	Any amount charged by a provider in excess of the Benefit Amount.	
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount, as limited by federal balance billing regulations.	You may view the Benefit Amount for each covered service on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .
	<a href="#">Emergency medical transportation</a>	No charge		
	<a href="#">Urgent care</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	No charge	Any amount charged by a provider in excess of the Benefit Amount.	You may view the Benefit Amount for each covered service on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .
	Physician/surgeon fees	No charge	Any amount charged by a provider in excess of the Benefit Amount.	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	No charge	Any amount charged by a provider in excess of the Benefit Amount.	You may view the Benefit Amount for each covered service on our website at <a href="http://www.sidecarhealth.com">http://www.sidecarhealth.com</a> .
	Inpatient services	No charge	Any amount charged by a provider in excess of the Benefit Amount.	

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		Provider charges at or below Benefit Amount (You will pay the least)	Provider charges above Benefit Amount (You will pay more)	
If you are pregnant	Office visits	No charge	Any amount charged by a provider in excess of the Benefit Amount.	<a href="#">Cost sharing</a> does not apply for <a href="#">preventive services</a> . Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).**
	Childbirth/delivery professional services	No charge	Any amount charged by a provider in excess of the Benefit Amount.	
	Childbirth/delivery facility services	No charge	Any amount charged by a provider in excess of the Benefit Amount.	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	100 visits/year.**
	<a href="#">Rehabilitation services</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	20 visits/year. Includes physical therapy, speech therapy, and occupational therapy.**
	<a href="#">Habilitation services</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	20 visits/year. Includes physical therapy, speech therapy, and occupational therapy.**
	<a href="#">Skilled nursing care</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	90 visits/calendar year.**
	<a href="#">Durable medical equipment</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	Certain limitations apply, please check your <a href="#">plan</a> or policy document.*, **
	<a href="#">Hospice services</a>	No charge	Any amount charged by a provider in excess of the Benefit Amount.	To be eligible for Hospice benefits, the patient must have a life expectancy of six months or less, as confirmed by the attending Physician.**
If your child needs dental or eye care	Children's eye exam	No charge	Any amount charged by a provider in excess of the Benefit Amount.	Coverage limited to only to <a href="#">Preventive Care</a> .
	Children's glasses	No charge	Any amount charged by a	Routine glasses are not covered. Glasses

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Provider charges at or below Benefit Amount (You will pay the least)	Provider charges above Benefit Amount (You will pay more)	
			provider in excess of the Benefit Amount.	coverage provided only after lens implantation or for conditions caused by cataract surgery or injury.**
	Children's dental check-up	Not covered	Not covered	None

**Excluded Services & Other Covered Services:**

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"> <li>Abortion (except in cases of rape, incest, or when the life of the mother is endangered)</li> <li>Acupuncture</li> <li>Cosmetic surgery</li> </ul>	<ul style="list-style-type: none"> <li>Dental care</li> <li>Hearing Aids</li> <li>Infertility treatment</li> <li>Long-term care</li> </ul>	<ul style="list-style-type: none"> <li>Non-emergency care when traveling outside the U.S., beyond 90 days</li> <li>Routine eye care</li> <li>Routine foot care</li> <li>Weight loss programs</li> </ul>
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)		
<ul style="list-style-type: none"> <li>Chiropractic care</li> </ul>	<ul style="list-style-type: none"> <li>Private-duty nursing</li> </ul>	

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Ohio Department of Insurance, 50 W. Town Street, Third Floor Ste. 300, Columbus, OH 43215 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Ohio Department of Insurance, <http://www.insurance.ohio.gov/> or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this plan provide Minimum Essential Coverage? Yes.**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Yes.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-282-0822.

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Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-282-0822.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-282-0822.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-855-282-0822.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

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SAMPLE

#### About these Coverage Examples:

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**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist copayment](#) N/A
- Hospital (facility) [coinsurance](#) N/A
- Other [coinsurance](#) N/A

This EXAMPLE event includes services like:

- [Specialist](#) office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- [Diagnostic tests](#) (*ultrasounds and blood work*)
- [Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,500
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$0
<b>The total Peg would pay is*</b>	<b>\$1,500</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist copayment](#) N/A
- Hospital (facility) [coinsurance](#) N/A
- Other [coinsurance](#) N/A

This EXAMPLE event includes services like:

- [Primary care physician](#) office visits (*including disease education*)
- [Diagnostic tests](#) (*blood work*)
- [Prescription drugs](#)
- [Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,500
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$0
<b>The total Joe would pay is*</b>	<b>\$1,500</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist copayment](#) N/A
- Hospital (facility) [coinsurance](#) N/A
- Other [coinsurance](#) N/A

This EXAMPLE event includes services like:

- [Emergency room care](#) (*including medical supplies*)
- [Diagnostic test](#) (*x-ray*)
- [Durable medical equipment](#) (*crutches*)
- [Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,500
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is*</b>	<b>\$1,500</b>

\*Note: This is the amount of the example cost that will accrue toward the total Deductible. **Examples described above assume the enrollee received services from provider that charges at or below the plan's Benefit Amount for those services.**

\*\*Note: This plan does not include copayments or coinsurance.

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.